



unison

risk management alliance

A subsidiary of GIB Insurance Brokers (Pty) Ltd



MyMoment

Change of Service Provider for Wellness Support

Please note that with effect from **1 April 2025**, our service provider for Wellness is Lyra Southern Africa, a leading professional in the wellness field.

Unlimited wellness support services are available as follows:

Counselling Services: Professional Support Line Service via a 24/7/365 call centre on **0800 00 0031**. A 24-hour multilingual, psychological counselling service will be available to all eligible members and immediate family members in a range of language options. Counselling will be **unlimited** and will cover information, therapeutic assistance and support on an extensive range of psychological, social and wellbeing related issues.

Work Life Services: Unlimited telephonic access to a service offering information and assistance on legal problems, financial concerns and family matters.

Legal Wellbeing service that provides the customer members with detailed practical information, education, counselling, resources and referrals on a broad range of legal matters, consumer affairs and social benefits.

Financial Wellbeing: Assist members who have queries relating to finances and debt. Financial mentors can be accessed via the multilingual financial telecare centre, which is accessible between 8am and 5pm during weekdays. Solutions accessed will include:

- Credit report improvement coaching
- Receive spending plans
- Financial Protection
- Monthly cash flow analysis using bank statements and creditor statements
- Financial Planning
- Implementing debt relief solutions

Unison is an authorised financial service provider | FSP 1316

3rd Floor, DBM Gardens, Golf Park, 80 Raapenberg Road, Pinelands, 7700

Tel: +27 21 464 4960 or 0800 004 550 | Website: www.unisoninsure.co.za

Company registration number | 1982/003473/07

Directors: SD Johnstone (Chairperson), JJ Erwee, T Mc Laughlin, K Inder, S Benade, S Davids

lyra wellbeing